

Graham Kapowsin - 9/12/2019**Results****Event 1 Girls 200 Yard Medley Relay****1:53.50 4A****2:11.70 WCD**

| Team | Relay | Seed Time | Finals Time | Points |
|--|--------------------------------|--------------------------|--------------------------------|---------------|
| 1 Puyallup High School 1) Park, Jasmine 33.25 36.82 30.40 | A 2) Sellman, Abby 27.33 | NT 3) Lettiere, Bella | 2:07.80 WCD 4) Liu, Kaitlyn | 8 |
| 2 Puyallup High School 1) Witham, Naomi 36.16 39.76 35.16 | B 2) Kwak, Joy 31.92 | NT 3) Maher, Ciara | 2:23.00 4) Wood, Audrey | 4 |
| 3 Graham Kapowsin Swim Team 1) Pratt, Taylor 41.20 46.42 39.65 | A 2) Casey, Emily 24.98 | NT 3) Jones, Amber | 2:32.25 4) Lim, Angie | 2 |
| 4 Puyallup High School 1) Pugh, Olivia 40.84 43.36 37.96 | C 2) Cheney, Mina 32.55 | NT 3) Sprague, Sara | x2:34.71 4) Nelson, Payton | |

Event 2 Girls 200 Yard Freestyle**1:59.70 4A****2:11.10 WCD****2:26.97 SPSL**

| Name | Age | School | Seed Time | Finals Time | Points |
|---|------------|---------------------------|------------------|--------------------|---------------|
| 1 Fitzsimmons, Jenna 29.37 32.42 33.98 | 33.55 | Puyallup High School | NT | 2:09.32 WCD | 6 |
| 2 Childres, Carli 30.31 34.69 34.67 | 32.98 | Puyallup High School | NT | 2:12.65 SPSL | 4 |
| 3 Yilmaz, Sofia 31.33 34.93 36.66 | 36.33 | Puyallup High School | 2:23.24 | 2:19.25 SPSL | 3 |
| 4 Pratt, Brooklynn 30.71 35.41 37.81 | 36.42 | Graham Kapowsin Swim Team | 2:24.55 | 2:20.35 SPSL | 2 |
| 5 Wolfe, Karlie 38.11 44.72 50.87 | 51.43 | Graham Kapowsin Swim Team | NT | 3:05.13 | 1 |
| 6 Miller, Kayla 41.31 46.84 48.95 | 49.39 | Graham Kapowsin Swim Team | 3:11.50 | 3:06.49 | |

Event 3 Girls 200 Yard IM**2:12.00 4A****2:30.40 WCD****2:50.01 SPSL**

| Name | Age | School | Seed Time | Finals Time | Points |
|---|------------|---------------------------|------------------|--------------------|---------------|
| 1 Park, Jasmine 32.59 38.62 47.73 | 38.09 | Puyallup High School | 2:37.20 | 2:37.03 SPSL | 6 |
| 2 Jones, Amber 40.25 40.78 51.31 | 40.85 | Graham Kapowsin Swim Team | 2:51.46 | 2:53.19 | 4 |
| 3 Anderson, Lauren 37.70 44.60 54.72 | 40.17 | Puyallup High School | 3:02.35 | 2:57.19 | 3 |
| 4 Pratt, Taylor 41.13 46.94 54.93 | 41.34 | Graham Kapowsin Swim Team | 3:13.43 | 3:04.34 | 2 |
| --- Richards, Julia 42.46 | 51.06 | Puyallup High School | NT | DQ | |

Graham Kapowsin - 9/12/2019**Results****Event 4 Girls 50 Yard Freestyle****24.90 4A****26.90 WCD****28.75 SPSL**

| Name | Age | School | Seed Time | Finals Time | Points |
|--------------------------|------------|---------------------------|------------------|--------------------|---------------|
| 1 Liu, Kaitlyn | | Puyallup High School | 26.76 | 27.44 | SPSL 6 |
| 2 Lim, Angie | | Graham Kapowsin Swim Team | 31.52 | 30.69 | 4 |
| 3 Maher, Ciara | | Puyallup High School | 29.96 | 30.70 | 3 |
| 4 Wood, Audrey | | Puyallup High School | 32.83 | 31.57 | 2 |
| 5 Young, Hannah | | Graham Kapowsin Swim Team | 31.52 | 31.81 | 1 |
| 6 Casey, Emily | | Graham Kapowsin Swim Team | 36.50 | 35.62 | |
| --- Pugh, Olivia | | Puyallup High School | 32.88 | X30.96 | |
| --- Beardsley, Kate | | Puyallup High School | 32.25 | X31.26 | |
| --- Highley, Abby | | Puyallup High School | 33.07 | X31.75 | |
| --- Cheney, Mina | | Puyallup High School | 32.74 | X32.05 | |
| --- Sprague, Sara | | Puyallup High School | 33.98 | X32.81 | |
| --- Blades, Cierra | | Puyallup High School | 33.32 | X33.36 | |
| --- Dunigan, Hannah | | Puyallup High School | 34.73 | X33.60 | |
| --- Nelson, Payton | | Puyallup High School | 34.52 | X33.63 | |
| --- French, Kate | | Puyallup High School | 34.71 | X34.50 | |
| --- Cohen, Caylee | | Puyallup High School | 34.45 | X34.53 | |
| --- Stites, Mel | | Puyallup High School | 35.07 | X35.03 | |
| --- Le, Emily | | Puyallup High School | 36.05 | X35.28 | |
| --- Anderson, Naia | | Puyallup High School | 35.15 | X35.38 | |
| --- Knutson, Abby | | Puyallup High School | 36.14 | X35.51 | |
| --- Warren, Alicia | | Puyallup High School | 37.55 | X35.91 | |
| --- Tott, Kylie | | Puyallup High School | 36.64 | X36.05 | |
| --- Ramos, Annabella | | Puyallup High School | 36.99 | X36.92 | |
| --- Canion, Alyssa | | Puyallup High School | 35.20 | X37.46 | |
| --- Rhoades, Christina | | Puyallup High School | 38.71 | X38.42 | |
| --- Edwards, Evelyn | | Puyallup High School | 38.61 | X39.32 | |
| --- Guntik, Isabella | | Graham Kapowsin Swim Team | 37.50 | X39.37 | |
| --- Bowen, Kate | | Puyallup High School | 40.10 | X39.38 | |
| --- Little, Hannah | | Puyallup High School | 39.86 | X39.59 | |
| --- Lucero, Gracie-Mae | | Puyallup High School | 38.92 | X39.79 | |
| --- Peterson, Alanna | | Puyallup High School | 40.74 | X40.70 | |
| --- Christensen, Jessica | | Graham Kapowsin Swim Team | 42.62 | X40.94 | |
| --- Shell, Hannah | | Graham Kapowsin Swim Team | 45.50 | X42.80 | |
| --- Parsons, Shaylie | | Graham Kapowsin Swim Team | 45.50 | X44.10 | |
| --- Lopez, Yaiza | | Puyallup High School | 46.15 | X44.43 | |
| --- Paiva, Ramona | | Graham Kapowsin Swim Team | 46.37 | X46.08 | |
| --- Patterson, Cailyn | | Graham Kapowsin Swim Team | NT | X46.24 | |
| --- Davidson, Katie | | Puyallup High School | 44.27 | X48.65 | |
| --- Coleman, Marissa | | Puyallup High School | 49.74 | X49.60 | |
| --- Gonzalez, Karla | | Graham Kapowsin Swim Team | 45.50 | X50.12 | |
| --- Diaz, Madison | | Graham Kapowsin Swim Team | 59.50 | X56.87 | |

Graham Kapowsin - 9/12/2019**Results****Event 6 Girls 100 Yard Butterfly****59.00 4A****1:07.45 WCD****1:19.82 SPSL**

| Name | Age | School | Seed Time | Finals Time | Points |
|----------------------------------|-----|---------------------------|-----------|--------------|--------|
| 1 Lettiere, Bella 32.34 37.06 | | Puyallup High School | 1:07.39 | 1:09.40 SPSL | 6 |
| 2 Childres, Carli 32.96 37.49 | | Puyallup High School | NT | 1:10.45 SPSL | 4 |
| 3 Kwak, Joy 35.30 42.93 | | Puyallup High School | 1:19.85 | 1:18.23 SPSL | 3 |
| 4 Jones, Amber 41.40 47.82 | | Graham Kapowsin Swim Team | 1:28.21 | 1:29.22 | 2 |
| 5 Lim, Angie 42.25 56.40 | | Graham Kapowsin Swim Team | 1:33.02 | 1:38.65 | 1 |

Event 7 Girls 100 Yard Freestyle**55.00 4A****59.55 WCD****1:04.64 SPSL**

| Name | Age | School | Seed Time | Finals Time | Points |
|------------------------------------|-----|---------------------------|-----------|--------------|--------|
| 1 Sellman, Abby 28.58 31.81 | | Puyallup High School | 1:00.72 | 1:00.39 SPSL | 6 |
| 2 Yilmaz, Sofia 30.93 32.22 | | Puyallup High School | 1:07.09 | 1:03.15 SPSL | 4 |
| 3 Pratt, Brooklynn | | Graham Kapowsin Swim Team | 1:05.96 | 1:03.91 SPSL | 3 |
| 4 Witham, Naomi 34.24 35.53 | | Puyallup High School | 1:13.44 | 1:09.77 | 2 |
| 5 Young, Hannah 34.37 38.95 | | Graham Kapowsin Swim Team | 1:13.74 | 1:13.32 | 1 |
| 6 Daniels, Alia 38.37 40.33 | | Graham Kapowsin Swim Team | 1:17.68 | 1:18.70 | |
| --- Richards, Julia 33.68 37.67 | | Puyallup High School | 1:15.09 | X1:11.35 | |
| --- Cheney, Mina 34.11 38.03 | | Puyallup High School | 1:13.93 | X1:12.14 | |
| --- Pugh, Olivia 35.85 38.12 | | Puyallup High School | 1:22.70 | X1:13.97 | |
| --- Blades, Cierra 36.88 37.26 | | Puyallup High School | 1:15.64 | X1:14.14 | |
| --- Beardsley, Kate 34.25 40.01 | | Puyallup High School | 1:13.90 | X1:14.26 | |
| --- Wood, Audrey | | Puyallup High School | 1:15.50 | X1:14.64 | |
| --- Dunigan, Hannah 37.42 37.78 | | Puyallup High School | 1:19.27 | X1:15.20 | |
| --- French, Kate 36.68 38.55 | | Puyallup High School | 1:18.95 | X1:15.23 | |
| --- Anderson, Naia 37.93 39.30 | | Puyallup High School | 1:18.67 | X1:17.23 | |
| --- Highley, Abby 38.11 39.48 | | Puyallup High School | 1:26.16 | X1:17.59 | |
| --- Stites, Mel 36.97 41.90 | | Puyallup High School | 1:22.01 | X1:18.87 | |
| --- Knutson, Abby 40.04 41.77 | | Puyallup High School | 1:31.39 | X1:21.81 | |

Graham Kapowsin - 9/12/2019**Results****(Event 7 Girls 100 Yard Freestyle)**

| Name | Age | School | Seed Time | Finals Time | Points |
|---|-----|---------------------------|-----------|-------------|--------|
| --- Ramos, Annabella 40.11 42.76 | | Puyallup High School | 1:29.33 | X1:22.87 | |
| --- Le, Emily 40.85 42.98 | | Puyallup High School | 1:30.62 | X1:23.83 | |
| --- Canion, Alyssa 39.90 44.25 | | Puyallup High School | 1:26.46 | X1:24.15 | |
| --- Warren, Alicia 39.33 45.22 | | Puyallup High School | 1:26.52 | X1:24.55 | |
| --- Edwards, Evelyn 40.93 48.44 | | Puyallup High School | 1:30.17 | X1:29.37 | |
| --- Rhoades, Christina | | Puyallup High School | 1:34.16 | X1:30.90 | |
| --- Lucero, Gracie-Mae 44.85 46.16 | | Puyallup High School | 1:32.36 | X1:31.01 | |
| --- Little, Hannah 44.30 48.56 | | Puyallup High School | 1:36.77 | X1:32.86 | |
| --- Christensen, Jessica 43.15 50.09 | | Graham Kapowsin Swim Team | 1:42.43 | X1:33.24 | |
| --- Guntik, Isabella 42.30 52.35 | | Graham Kapowsin Swim Team | 1:30.30 | X1:34.65 | |
| --- Bowen, Kate 45.00 50.66 | | Puyallup High School | 1:36.25 | X1:35.66 | |
| --- Gonzalez, Karla 44.08 51.84 | | Graham Kapowsin Swim Team | 1:53.50 | X1:35.92 | |
| --- Peterson, Alanna 47.79 52.76 | | Puyallup High School | 1:36.76 | X1:40.55 | |
| --- Paiva, Ramona 48.25 55.69 | | Graham Kapowsin Swim Team | 1:50.52 | X1:43.94 | |
| --- Lopez, Yaiza | | Puyallup High School | 1:47.51 | X1:50.63 | |
| --- Davidson, Katie 50.21 1:01.73 | | Puyallup High School | 1:49.98 | X1:51.94 | |
| --- Webster-Thomas, Emma 53.46 1:02.29 | | Graham Kapowsin Swim Team | 1:55.40 | X1:55.75 | |
| --- Coleman, Marissa | | Puyallup High School | 1:55.84 | XDQ | |

Event 8 Girls 500 Yard Freestyle**5:19.00 4A****6:03.55 WCD****6:52.49 SPSL**

| Name | Age | School | Seed Time | Finals Time | Points |
|---|-------|---------------------------|------------------|--------------|--------|
| 1 Fitzsimmons, Jenna 31.09 34.12 35.09 36.24 34.49 | 35.09 | Puyallup High School | NT 37.02 | 5:51.65 WCD | 6 |
| 2 Maher, Ciara 34.47 38.50 40.80 41.39 39.31 | 40.80 | Puyallup High School | 6:31.70 40.88 | 6:38.84 SPSL | 4 |
| 3 Cohen, Caylee 38.09 43.84 49.72 47.95 45.68 | 49.72 | Puyallup High School | 7:54.80 50.37 | 7:54.22 | 3 |
| 4 Miller, Kayla 45.55 52.19 54.65 52.65 48.37 | 54.65 | Graham Kapowsin Swim Team | 8:43.40 53.77 | 8:45.02 | 2 |

Graham Kapowsin - 9/12/2019

Results

Event 9 Girls 200 Yard Freestyle Relay

1:42.50 4A

1:58.00 WCD

| Team | Relay | Seed Time | Finals Time | Points |
|--|-------------------------------------|-----------------------------|--------------------------------|--------|
| 1 Puyallup High School 1) Lettiere, Bella 29.70 29.33 27.41 | A 2) Yilmaz, Sofia 27.28 | NT 3) Childres, Carli | 1:53.72 WCD 4) Liu, Kaitlyn | 8 |
| 2 Graham Kapowsin Swim Team 1) Young, Hannah 33.01 29.95 31.65 | A 2) Lim, Angie 29.14 | NT 3) Pratt, Taylor | 2:03.75 4) Pratt, Brooklynn | 4 |
| 3 Puyallup High School 1) Beardsley, Kate 33.62 31.84 31.04 | C 2) Witham, Naomi 31.56 | NT 3) Cheney, Mina | 2:08.06 4) Pugh, Olivia | 2 |
| 4 Puyallup High School 1) Le, Emily 35.33 33.85 31.56 | D 2) French, Kate 32.92 | NT 3) Highley, Abby | x2:13.66 4) Blades, Cierra | |
| 5 Puyallup High School 1) Sprague, Sara 34.70 34.01 33.43 | B 2) Nelson, Payton 32.48 | NT 3) Wood, Audrey | x2:14.62 4) Richards, Julia | |
| 6 Puyallup High School 1) Knutson, Abby 36.19 36.66 36.26 | E 2) Anderson, Naia 31.79 | NT 3) Stites, Mel | x2:20.90 4) Dunigan, Hannah | |
| 7 Puyallup High School 1) Warren, Alicia 37.66 38.31 37.01 | F 2) Rhoades, Christina 37.07 | NT 3) Ramos, Annabella | x2:30.05 4) Canion, Alyssa | |
| 8 Graham Kapowsin Swim Team 1) Wolfe, Karlie 36.90 37.52 43.16 | B 2) Daniels, Alia 35.47 | NT 3) Parsons, Shaylie | 2:33.05 4) Casey, Emily | |
| 9 Puyallup High School 1) Peterson, Alanna 42.01 42.74 40.93 | G 2) Little, Hannah 40.15 | NT 3) Lucero, Gracie-Mae | x2:45.83 4) Edwards, Evelyn | |
| 10 Graham Kapowsin Swim Team 1) Christensen, Jessica 44.99 47.48 44.05 | C 2) Guntik, Isabella 42.70 | NT 3) Paiva, Ramona | x2:59.22 4) Johnson, Caylen | |
| --- Puyallup High School 1) Coleman, Marissa 54.77 46.94 1:23.25 | H 2) Lopez, Yaiza | NT 3) Davidson, Katie | DQ 4) Bowen, Kate | |

Event 10 Girls 100 Yard Backstroke

1:00.80 4A

1:07.80 WCD

1:17.98 SPSL

| Name | Age | School | Seed Time | Finals Time | Points |
|-----------------------------------|-----|---------------------------|-----------|--------------|--------|
| 1 Sellman, Abby 33.63 35.00 | | Puyallup High School | NT | 1:08.63 SPSL | 6 |
| 2 Park, Jasmine 34.10 37.13 | | Puyallup High School | 1:12.97 | 1:11.23 SPSL | 4 |
| 3 Anderson, Lauren 38.90 41.60 | | Puyallup High School | 1:25.08 | 1:20.50 | 3 |
| 4 Wolfe, Karlie | | Graham Kapowsin Swim Team | 1:40.42 | 1:44.02 | 2 |
| 5 Daniels, Alia 51.70 55.65 | | Graham Kapowsin Swim Team | NT | 1:47.35 | 1 |

Graham Kapowsin - 9/12/2019**Results****Event 11 Girls 100 Yard Breaststroke****1:08.25 4A****1:16.25 WCD****1:26.22 SPSL**

| Name | Age | School | Seed Time | Finals Time | Points |
|----------------------------------|-----|---------------------------|-----------|--------------|--------|
| 1 Lettiere, Bella 39.55 44.54 | | Puyallup High School | NT | 1:24.09 SPSL | 6 |
| 2 Liu, Kaitlyn 40.40 45.73 | | Puyallup High School | NT | 1:26.13 SPSL | 4 |
| 3 Kwak, Joy 41.07 45.71 | | Puyallup High School | 1:31.33 | 1:26.78 | 3 |
| 4 Casey, Emily 50.59 59.72 | | Graham Kapowsin Swim Team | 1:48.52 | 1:50.31 | 2 |
| 5 Parsons, Shaylie | | Graham Kapowsin Swim Team | 2:16.67 | 2:07.99 | 1 |

Event 12 Girls 400 Yard Freestyle Relay**3:45.90 4A****4:27.65 WCD**

| Team | Relay | Seed Time | Finals Time | Points |
|---|---|--|---------------------------------|--------|
| 1 Puyallup High School 1) Fitzsimmons, Jenna 28.63 1:00.13 29.59 | A 2) Childres, Carli 1:02.78 31.38 1:06.54 | NT 3) Park, Jasmine 28.69 1:01.44 | 4:10.89 WCD 4) Sellman, Abby | 8 |
| 2 Puyallup High School 1) Maher, Ciara 33.03 1:10.07 35.00 | B 2) Anderson, Lauren 1:18.47 34.87 1:11.80 | NT 3) Witham, Naomi 30.40 1:03.31 | 4:43.65 4) Yilmaz, Sofia | 4 |
| 3 Graham Kapowsin Swim Team 1) Young, Hannah 36.14 1:28.33 24.95 | A 2) Pratt, Taylor 1:03.97 34.68 1:12.25 | NT 3) Jones, Amber 1:05.74 1:05.82 | 4:50.37 4) Pratt, Brooklynn | 2 |
| 4 Puyallup High School 1) Beardsley, Kate 35.52 1:14.78 35.07 | C 2) Nelson, Payton 1:19.63 29.74 1:09.70 | NT 3) Sprague, Sara 33.03 1:11.56 | x4:55.67 4) Richards, Julia | |
| 5 Graham Kapowsin Swim Team 1) Miller, Kayla 43.80 1:28.88 40.99 | B 2) Daniels, Alia 1:24.16 40.89 1:36.37 | NT 3) Guntik, Isabella 38.52 1:24.15 | 5:53.56 4) Wolfe, Karlie | |
| 6 Graham Kapowsin Swim Team 1) Christensen, Jessica 50.33 1:44.60 56.29 | C 2) Webster-Thomas, Emma 1:50.21 1:06.71 1:50.43 | NT 3) Paiva, Ramona 52.39 | x6:17.63 4) Johnson, Caylen | |

Combined Team ScoresCombined Team Scores - Through Event 12

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|-------------------------|-----|------------------------------|----|
| 1. Puyallup High School | 131 | 2. Graham Kapowsin Swim Team | 37 |
|-------------------------|-----|------------------------------|----|