

2019 Girls South Sound Relays - 9/28/2019

Results - SSR

Event 1 Women 400 Yard Medley Relay

Team	Relay	Seed Time	Finals Time	Points
1 Ohs Lady Bears-MR	A	4:10.96	4:21.19	31
1) Norman, Rebecca 11	2) Myers, Elisa 11	3) Wilson, Lauren 11	4) Moore, Emerson 11	
31.60	1:05.94 (1:05.94)	1:40.38 (34.44)	2:20.59 (1:14.65)	
2:49.22 (28.63)	3:22.90 (1:02.31)	3:50.25 (27.35)	4:21.19 (58.29)	
2 Emerald Ridge High School-US	A	4:15.00	4:31.84	27
1) Hopkins, Abigail JR	2) DiMascolo, Lada JR	3) Edwards, Mariko SR	4) Heath, Savanna SO	
34.72	1:13.49 (1:13.49)	1:46.72 (33.23)	2:24.50 (1:11.01)	
2:54.59 (30.09)	3:30.48 (1:05.98)	3:58.83 (28.35)	4:31.84 (1:01.36)	
3 Puyallup High School	A	4:43.18	4:40.58	24
1) Sellman, Abby FR	2) Kwak, Joy JR	3) Lettiere, Bella SO	4) Liu, Kaitlyn SR	
31.33	1:05.56 (1:05.56)	1:45.22 (39.66)	2:31.52 (1:25.96)	
3:03.81 (32.29)	3:40.69 (1:09.17)	4:08.76 (28.07)	4:40.58 (59.89)	
4 Steilacoom Sentinels	A	5:04.24	5:01.28	22
1) Murphy, Megan SR	2) Lingenfelter, Elizabeth FR	3) Forbes, Emily SR	4) Ludwig, Adalia JR	
31.45	1:06.25 (1:06.25)	1:46.26 (40.01)	2:34.35 (1:28.10)	
3:09.95 (35.60)	3:55.71 (1:21.36)	4:26.65 (30.94)	5:01.28 (1:05.57)	
5 Rogers Rams-PN	A	5:05.08	5:13.05	21
1) Smathers, Madeleine FR	2) Drasher, Anna SO	3) Malabanan, Emily JR	4) Triebold, Anika JR	
36.86	1:14.85 (1:14.85)	1:54.05 (39.20)	2:38.30 (1:23.45)	
3:16.95 (38.65)	4:09.33 (1:31.03)	4:39.09 (29.76)	5:13.05 (1:03.72)	
6 Lakes HS	A	5:45.00	5:44.47	20
1) Nelson, Katie	2) Pogoncheff, Kialie	3) Swortz, Reagan	4) Robb, Gracie	
41.87	1:26.76 (1:26.76)	2:10.41 (43.65)	3:01.86 (1:35.10)	
3:45.21 (43.35)	4:39.90 (1:38.04)	5:09.36 (29.46)	5:44.47 (1:04.57)	

Event 2 Women 2x200 Yard Freestyle 2x200 freestyle Relay

Team	Relay	Seed Time	Finals Time	Points
1 Ohs Lady Bears-MR	A	4:23.00	4:29.37	31
1) Norman, Rebecca 11	2) Skiles, Lucy 10			
31.09	1:06.85 (1:06.85)	1:43.59 (1:43.59)	2:18.88 (2:18.88)	
2:46.86 (27.98)	3:19.41 (1:00.53)	3:54.27 (1:35.39)	4:29.37 (2:10.49)	
2 Puyallup High School	A	3:47.71	4:42.23	27
1) Maher, Ciara SR	2) Yilmaz, Sofia FR			
32.37	1:08.53 (1:08.53)	1:46.27 (1:46.27)	2:24.19 (2:24.19)	
2:55.26 (31.07)	3:30.34 (1:06.15)	4:06.44 (1:42.25)	4:42.23 (2:18.04)	
3 Ohs Lady Bears-MR	B	4:45.00	4:46.38	24
1) Hummel-Church, Hawthorne 10	2) Belz, Sophie 11			
32.35	1:07.63 (1:07.63)	1:44.37 (1:44.37)	2:19.61 (2:19.61)	
2:52.07 (32.46)	3:29.63 (1:10.02)	4:08.37 (1:48.76)	4:46.38 (2:26.77)	
4 Ohs Lady Bears-MR	C	4:51.00	4:50.02	22
1) Wilson, Sara 9	2) Iuliano, Lucia 9			
33.89	1:10.32 (1:10.32)	1:45.95 (1:45.95)	2:20.70 (2:20.70)	
2:54.18 (33.48)	3:33.23 (1:12.53)	4:12.27 (1:51.57)	4:50.02 (2:29.32)	
5 Steilacoom Sentinels	A	5:01.58	4:52.21	21
1) Eastman, Melanie SO	2) Pope, Olivia SO			
33.81	1:10.40 (1:10.40)	1:47.81 (1:47.81)	2:24.42 (2:24.42)	
2:57.24 (32.82)	3:34.19 (1:09.77)	4:13.80 (1:49.38)	4:52.21 (2:27.79)	
6 Rogers Rams-PN	A	4:56.00	4:57.03	20
1) Hoffman, Millie JR	2) Thompson, Olivia JR			
32.46	1:09.25 (1:09.25)	1:48.66 (1:48.66)	2:25.67 (2:25.67)	
2:59.15 (33.48)	3:37.83 (1:12.16)	4:18.74 (1:53.07)	4:57.03 (2:31.36)	

2019 Girls South Sound Relays - 9/28/2019

Results - SSR

(Event 2 Women 2x200 Yard Freestyle 2x200 freestyle Relay)

Team	Relay	Seed Time	Finals Time	Points
7 Rogers Rams-PN	B	4:58.00	5:07.61	19
1) Christie, Kaly SR	2) Bessette, Grace JR			
32.65	1:11.59 (1:11.59)	2:36.56 (2:36.56)		
3:09.06 (32.50)	3:48.06 (1:11.50)	4:27.70 (1:51.14)	5:07.61 (2:31.05)	
8 Steilacoom Sentinels	B	5:19.70	5:11.79	18
1) Leckrone, Addison JR	2) Huffman, Sage SO			
33.79	1:09.94 (1:09.94)	1:49.09 (1:49.09)	2:26.11 (2:26.11)	
3:02.28 (36.17)	3:43.91 (1:17.80)	4:28.28 (2:02.17)	5:11.79 (2:45.68)	
9 Emerald Ridge High School-US	A	4:09.64	5:13.87	17
1) Cordes, Liz JR	2) Sikora, Willow SO			
35.90		2:00.53 (2:00.53)	2:50.16 (2:50.16)	
	3:18.12 (27.96)	3:56.59 (1:06.43)	5:13.87 (2:23.71)	
10 Steilacoom Sentinels	C	5:28.64	5:17.70	16
1) Lovell, Amelia JR	2) Kamke, Elizabeth SO			
36.94	1:17.82 (1:17.82)	2:01.77 (2:01.77)	2:46.09 (2:46.09)	
3:20.58 (34.49)	3:59.93 (1:13.84)	4:40.08 (1:53.99)	5:17.70 (2:31.61)	
11 Puyallup High School	B	5:27.18	5:22.48	15
1) Anderson, Lauren JR	2) Dunigan, Hannah SO			
33.79	1:14.21 (1:14.21)	1:58.31 (1:58.31)	2:41.07 (2:41.07)	
3:17.63 (36.56)	3:58.42 (1:17.35)	4:40.01 (1:58.94)	5:22.48 (2:41.41)	
12 Puyallup High School	C	5:38.58	5:40.41	14
1) Cohen, Caylee JR	2) Stites, Mel SO			
38.09	1:22.14 (1:22.14)	2:08.72 (2:08.72)	2:51.43 (2:51.43)	
4:11.39 (1:19.96)	5:40.41 (2:48.98)			
13 Rogers Rams-PN	C	5:40.00	5:46.62	13
1) Perez, Gabriella SR	2) Davison, Sydney SO			
42.61	1:29.24 (1:29.24)	2:16.40 (2:16.40)	3:01.03 (3:01.03)	
3:39.61 (38.58)	4:21.50 (1:20.47)	5:05.01 (2:03.98)	5:46.62 (2:45.59)	
14 Emerald Ridge High School-US	B	4:40.00	5:55.50	12
1) Brown, Morgan SR	2) Gilbert, Mikala SR			
39.71	1:25.37 (1:25.37)	2:14.64 (2:14.64)	3:03.13 (3:03.13)	
3:38.86 (35.73)	4:22.47 (1:19.34)	5:10.02 (2:06.89)	5:55.50 (2:52.37)	
15 Emerald Ridge High School-US	C	7:30.00	7:25.24	10
1) Kuc, Cindey JR	2) Houser-May, Cameron JR			
48.97	1:52.59 (1:52.59)	2:58.35 (2:58.35)	4:14.53 (4:14.53)	
4:40.91 (26.38)	7:25.24 (3:10.71)			
--- Ohs Lady Bears-MR	E	5:10.00	X5:32.88	
1) Skiles, Francis 9	2) O'Donnell, Ruby 9			
33.83	1:13.63 (1:13.63)	1:55.78 (1:55.78)	2:35.72 (2:35.72)	
5:32.88 (2:57.16)				
--- Ohs Lady Bears-MR	D	5:20.00	X5:41.08	
1) Merrigan, Claire 12	2) Nelson, Laura 11			
		2:44.52 (2:44.52)		
3:21.12 ()	4:06.13 ()	4:55.32 ()	5:41.08 ()	
--- Ohs Lady Bears-MR	F	5:30.00	X5:48.73	
1) Liao, April 11	2) Forespring, Ayasha 9			
41.73	1:28.51 (1:28.51)	2:18.23 (2:18.23)	3:04.21 (3:04.21)	
3:37.64 (33.43)	5:48.73 (2:44.52)			
--- Lakes HS	A	6:09.00	DQ	
1) Allen, Caprice	2) Hopkins, Madison			
42.36	3:15.19 (3:15.19)	4:39.50 (4:39.50)		
	5:26.81 ()	DQ ()		

2019 Girls South Sound Relays - 9/28/2019

Results - SSR

Event 3 Women 2x100 Yard Medley 2x100 IM Relay

Team	Relay	Seed Time	Finals Time	Points
1 Puyallup High School	A	2:14.00	2:21.83	31
1) Childres, Carli SO	2) Park, Jasmine JR			
32.48	1:10.77 (1:10.77)	1:42.75 (31.98)	2:21.83 (1:11.06)	
2 Steilacoom Sentinels	A	2:54.14	2:23.10	27
1) Trajico, Clara SR	2) Murphy, Megan SR			
35.43	1:15.91 (1:15.91)	1:45.24 (29.33)	2:23.10 (1:07.19)	
3 Ohs Lady Bears-MR	B	2:40.00	2:24.04	24
1) Norman, Rebecca 11	2) Sochacki, Elle 10			
32.89	1:13.12 (1:13.12)	1:44.88 (31.76)	2:24.04 (1:10.92)	
4 Ohs Lady Bears-MR	A	2:25.00	2:24.99	22
1) Jang, Jenny 11	2) Wang, Sarah 10			
31.64	1:17.10 (1:17.10)	1:44.55 (27.45)	2:24.99 (1:07.89)	
5 Ohs Lady Bears-MR	C	2:50.00	2:29.11	21
1) Hauschka, Helen 11	2) Otto, Margaret 9			
35.68	1:15.45 (1:15.45)	1:49.72 (34.27)	2:29.11 (1:13.66)	
6 Lakes HS	A	2:30.00	2:30.18	20
1) Oroho, Sara	2) Felizardo, Bella			
33.53	1:12.13 (1:12.13)	1:46.49 (34.36)	2:30.18 (1:18.05)	
7 Lakes HS	B	2:40.00	2:34.79	19
1) O'Connor, Lilly	2) Rymer, Alyssa			
1:23.21	1:53.81 (1:53.81)	2:34.79 (40.98)	2:34.79 (40.98)	
8 Rogers Rams-PN	A	2:38.00	2:34.99	18
1) Drasher, Anna SO	2) Malabanan, Emily JR			
38.01	1:17.22 (1:17.22)	1:53.07 (35.85)	2:34.99 (1:17.77)	
9 Rogers Rams-PN	B	2:40.00	2:37.53	17
1) Bessette, Grace JR	2) Shoup, Keani SR			
36.38	1:30.68 (1:30.68)	1:55.56 (24.88)	2:37.53 (1:06.85)	
10 Puyallup High School	B	2:20.00	2:39.28	16
1) Highley, Abby SO	2) Kwak, Joy JR			
39.13	1:27.53 (1:27.53)	1:57.41 (29.88)	2:39.28 (1:11.75)	
11 Emerald Ridge High School-US	A	3:30.00	2:40.83	15
1) Sikora, Willow SO	2) Stuart, Ruth SR			
36.45	1:19.67 (1:19.67)	1:55.29 (35.62)	2:40.83 (1:21.16)	
12 Rogers Rams-PN	C	3:00.00	2:51.44	14
1) Perez, Gabriella SR	2) Meras, Holly FR			
42.25	1:28.93 (1:28.93)	2:06.40 (37.47)	2:51.44 (1:22.51)	
13 Puyallup High School	C	2:30.00	2:54.98	13
1) Nelson, Payton SO	2) Richards, Julia SR			
39.42	1:26.27 (1:26.27)	2:54.98 (1:28.71)		
14 Steilacoom Sentinels	C	3:25.08	3:01.24	12
1) Harris, Isabella JR	2) Macias Marin, Analucia SO			
	1:27.80 (1:27.80)	2:11.79 (43.99)	3:01.24 (1:33.44)	
15 Lakes HS	C	3:00.00	3:03.24	10
1) Pogoncheff, Kialie	2) Hopkins, Madison			
46.85	1:36.82 (1:36.82)	2:18.76 (41.94)	3:03.24 (1:26.42)	
16 Steilacoom Sentinels	B	3:10.08	3:04.55	9
1) Cushman, Isabelle SR	2) Macias Marin, Liliana SR			
39.48	1:31.94 (1:31.94)	2:14.03 (42.09)	3:04.55 (1:32.61)	
17 Emerald Ridge High School-US	B	3:50.00	3:05.37	8
1) Curiel, Gabrielle SO	2) Cruz, Lila SR			
42.02	1:28.37 (1:28.37)	2:12.92 (44.55)	3:05.37 (1:37.00)	
--- Ohs Lady Bears-MR	F	3:20.00	X2:48.60	
1) Skiles, Francis 9	2) Purtteman, Adhara 11			
36.24	1:20.06 (1:20.06)	2:01.46 (41.40)	2:48.60 (1:28.54)	

2019 Girls South Sound Relays - 9/28/2019

Results - SSR

(Event 3 Women 2x100 Yard Medley 2x100 IM Relay)

Team	Relay	Seed Time	Finals Time	Points
--- Steilacoom Sentinels	D	3:40.53	X2:50.95	
1) Carletti, Gaia SR	2) Myers, Hana JR			
40.96	1:26.51 (1:26.51)	2:01.68 (35.17)	2:50.95 (1:24.44)	
--- Ohs Lady Bears-MR	E	3:15.00	X2:56.68	
1) Matheson, Celee 12	2) Zhang, Jasmine 10			
43.17	1:35.08 (1:35.08)	2:12.04 (36.96)	2:56.68 (1:21.60)	
--- Ohs Lady Bears-MR	G	3:30.00	X3:19.13	
1) O'Donnell, Ruby 9	2) Liao, April 11			
44.07	1:29.67 (1:29.67)	2:25.80 (56.13)	3:19.13 (1:49.46)	
--- Emerald Ridge High School-US	D	4:35.00	X3:30.32	
1) Baccus, Lilly FR	2) Ikeda, Chinatsu SO			
49.66	1:47.76 (1:47.76)	2:36.24 (48.48)	3:30.32 (1:42.56)	
--- Lakes HS	D	3:45.00	X3:40.46	
1) Swortz, Reagan	2) McKinney, Jade			
46.52	1:38.36 (1:38.36)	2:32.78 (54.42)	3:40.46 (2:02.10)	
--- Steilacoom Sentinels	E	3:55.80	X3:41.19	
1) Mendoza, Tiffany SR	2) Ikemeier, Sadie SO			
2:03.91	2:51.07 (2:51.07)	3:41.19 (50.12)		
--- Emerald Ridge High School-US	C	4:15.00	DQ	
1) Cotton, Kaitlyn FR	2) Moon, Madison SR			
49.90	1:42.18 (1:42.18)	2:30.69 (48.51)	DQ (1:41.72)	

Event 4 Women 2x50 Yard Freestyle 2x50 Freestyle Relay

Team	Relay	Seed Time	Finals Time	Points
1 Ohs Lady Bears-MR	A	52.50	52.57	31
1) Moore, Emerson 11	2) Wilson, Lauren 11			
26.64	52.57 (25.93)			
2 Steilacoom Sentinels	A	53.14	53.84	27
1) Ruppe, Alejandra SO	2) Forbes, Emily SR			
26.48	53.84 (27.36)			
3 Steilacoom Sentinels	B	56.99	55.72	24
1) Murphy, Megan SR	2) Ludwig, Adalia JR			
27.05	55.72 (28.67)			
4 Puyallup High School	A	55.41	55.87	22
1) Liu, Kaitlyn SR	2) Lettiere, Bella SO			
27.29	55.87 (28.58)			
5 Ohs Lady Bears-MR	C	58.00	56.51	21
1) Sochacki, Elle 10	2) Myers, Elisa 11			
28.38	56.51 (28.13)			
6 Rogers Rams-PN	A	57.57	58.10	20
1) Xing, Linda JR	2) Triebold, Anika JR			
30.15	58.10 (27.95)			
7 Rogers Rams-PN	B	58.00	58.17	19
1) Shoup, Keani SR	2) Warmoth, Chloe FR			
29.35	58.17 (28.82)			
8 Ohs Lady Bears-MR	B	57.00	58.51	18
1) Norman, Rebecca 11	2) Wilson, Sara 9			
29.09	58.51 (29.42)			
9 Lakes HS	A	56.00	59.74	17
1) Felizardo, Bella	2) O'Connor, Lilly			
30.13	59.74 (29.61)			
10 Rogers Rams-PN	C	1:03.00	1:01.45	16
1) Peter, Cassidy JR	2) Thompson, Olivia JR			
31.48	1:01.45 (29.97)			

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(Event 4 Women 2x50 Yard Freestyle 2x50 Freestyle Relay)

Team	Relay	Seed Time	Finals Time	Points
11 Emerald Ridge High School-US 1) Koth, Elizabeth SR 31.28	A 2) Koth, Katherine SR 1:01.92 (30.64)	2:45.00	1:01.92	15
12 Puyallup High School 1) Richards, Julia SR 31.14	B 2) Beardsley, Kate JR 1:02.08 (30.94)	1:01.00	1:02.08	14
13 Puyallup High School 1) Anderson, Lauren JR 32.32	C 2) Wood, Audrey JR 1:04.67 (32.35)	1:02.87	1:04.67	13
14 Steilacoom Sentinels 1) Villanueva, Isabelle SO 31.04	C 2) Macias Marin, Liliana SR 1:05.44 (34.40)	1:02.90	1:05.44	12
15 Lakes HS 1) Combs, Miya 38.13	C 2) Hopkins, Madison 1:06.65 (28.52)	1:08.27	1:06.65	10
16 Lakes HS 1) Nelson, Katie 32.93	B 2) Pogoncheff, Kialie 1:09.06 (36.13)	1:06.50	1:09.06	9
17 Emerald Ridge High School-US 1) Baccus, Lilly FR 40.29	C 2) Moon, Madison SR 1:16.88 (36.59)	4:00.00	1:16.88	8
18 Emerald Ridge High School-US 1) Ikeda, Chinatsu SO 41.08	B 2) Loughner, Lexanna SO 1:20.21 (39.13)	3:30.00	1:20.21	7
--- Ohs Lady Bears-MR 1) Iuliano, Lucia 9 29.33	K 2) Otto, Margaret 9 58.55 (29.22)	58.50	X58.55	
--- Puyallup High School 1) Highley, Abby SO 30.82	D 2) Blades, Cierra SO 1:04.58 (33.76)	1:04.48	X1:04.58	
--- Ohs Lady Bears-MR 1) Rosser, Annalise 11 32.23	H 2) Nelson, Laura 11 1:04.99 (32.76)	1:04.00	X1:04.99	
--- Ohs Lady Bears-MR 1) Forespring, Ayasha 9 32.85	F 2) Skiles, Francis 9 1:05.28 (32.43)	1:10.00	X1:05.28	
--- Steilacoom Sentinels 1) Kamke, Elizabeth SO 31.26	D 2) Macias Marin, Analucia SO 1:05.35 (34.09)	1:06.07	X1:05.35	
--- Puyallup High School 1) Knutson, Abby JR 34.69	H 2) Moore, Caitlyn SO 1:08.53 (33.84)	1:10.75	X1:08.53	
--- Puyallup High School 1) Dunigan, Hannah SO 34.91	E 2) Stites, Mel SO 1:08.68 (33.77)	1:06.82	X1:08.68	
--- Steilacoom Sentinels 1) Myers, Hana JR 33.64	E 2) Hampton, Leilani JR 1:08.75 (35.11)	1:10.30	X1:08.75	
--- Puyallup High School 1) Canion, Alyssa FR 34.34	I 2) Warren, Alicia JR 1:09.45 (35.11)	1:12.22	X1:09.45	
--- Puyallup High School 1) Ramos, Annabella SO 39.05	F 2) Cohen, Caylee JR 1:09.60 (30.55)	1:09.03	X1:09.60	

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Results - SSR

(Event 4 Women 2x50 Yard Freestyle 2x50 Freestyle Relay)

Team	Relay	Seed Time	Finals Time	Points
--- Puyallup High School	J	1:15.81	X1:10.80	
1) Bennett, Sam FR	2) Munson, Kelli FR			
44.92	1:10.80 (25.88)			
--- Puyallup High School	G	1:09.75	X1:11.15	
1) Le, Emily JR	2) Anderson, Naia SR			
37.71	1:11.15 (33.44)			
--- Ohs Lady Bears-MR	D	1:12.00	X1:11.50	
1) Liao, April 11	2) Brilliant, Savannah 11			
38.04	1:11.50 (33.46)			
--- Ohs Lady Bears-MR	G	1:10.00	X1:11.93	
1) Matheson, Celee 12	2) Purtteman, Adhara 11			
36.81	1:11.93 (35.12)			
--- Puyallup High School	L	1:18.48	X1:13.55	
1) Bowen, Kate SO	2) Peterson, Alanna SO			
36.54	1:13.55 (37.01)			
--- Steilacoom Sentinels	H	1:18.51	X1:14.40	
1) Sherwood, Sydney SR	2) Rabacchi, Victoria SO			
52.41	1:14.40 (21.99)			
--- Lakes HS	D	1:09.93	X1:14.46	
1) Allen, Caprice	2) Swortz, Reagan			
38.74	1:14.46 (35.72)			
--- Puyallup High School	N	1:15.01	X1:14.82	
1) Britt-Chum, Lana FR	2) Rhoades, Christina JR			
45.06	1:14.82 (29.76)			
--- Steilacoom Sentinels	F	1:13.98	X1:15.84	
1) Burlingame, Julie SR	2) Row, Hope SR			
38.66	1:15.84 (37.18)			
--- Puyallup High School	K	1:17.29	X1:16.21	
1) Edwards, Evelyn SO	2) Lucero, Gracie-Mae SO			
43.06	1:16.21 (33.15)			
--- Steilacoom Sentinels	G	1:16.22	X1:17.30	
1) Mendoza, Tiffany SR	2) Lawson, Emma JR			
40.33	1:17.30 (36.97)			
--- Lakes HS	F	1:22.47	X1:19.97	
1) Kennington, Beth	2) Kelcy, Emily			
52.92	1:19.97 (27.05)			
--- Puyallup High School	O	1:23.20	X1:20.42	
1) Little, Hannah SO	2) Diaz, Esly SO			
38.50	1:20.42 (41.92)			
--- Steilacoom Sentinels	I	1:22.05	X1:21.40	
1) Ransfer, Mia JR	2) Hoang, Stephanie FR			
41.58	1:21.40 (39.82)			
--- Lakes HS	I	1:38.24	X1:24.60	
1) Abramoski, Alexys	2) Stott, Kyndyl			
--- Steilacoom Sentinels	J	1:26.61	X1:24.85	
1) Phipps, Cheyenne SR	2) Tarter, Ashlynn SO			
49.51	1:24.85 (35.34)			
--- Ohs Lady Bears-MR	E	1:25.00	X1:27.01	
1) Castillo, Isis 9	2) Warjone, Samantha 9			
42.79	1:27.01 (44.22)			
--- Puyallup High School	M	1:30.42	X1:29.33	
1) Davidson, Katie FR	2) Coleman, Marissa SO			
41.06	1:29.33 (48.27)			

2019 Girls South Sound Relays - 9/28/2019

Results - SSR

(Event 4 Women 2x50 Yard Freestyle 2x50 Freestyle Relay)

Team	Relay	Seed Time	Finals Time	Points
--- Lakes HS	E	1:18.71	X1:31.14	
1) Burlingame, Madeline	2) Meas, Gabbee			
41.79	1:31.14 (49.35)			
--- Lakes HS	G	1:29.12	X1:31.29	
1) McKinney, Jade	2) Fort, Joan			
44.89	1:31.29 (46.40)			
--- Steilacoom Sentinels	K	1:38.24	X1:31.86	
1) Peck, Emmie FR	2) Rodger, Grace FR			
54.54	1:31.86 (37.32)			
--- Emerald Ridge High School-US	D	4:30.00	X1:37.10	
1) Graff, Autumn JR	2) Kee, Yeena SR			
57.09	1:37.10 (40.01)			

Event 5 Women 800 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time	Points
1 Puyallup High School	A	9:04.70	9:10.34	31
1) Childres, Carli SO	2) Maher, Ciara SR	3) Yilmaz, Sofia FR	4) Sellman, Abby FR	
32.26	1:07.23 (1:07.23)	1:42.12 (1:42.12)	2:15.30 (2:15.30)	
2:47.76 (32.46)	3:24.42 (1:09.12)	4:02.48 (1:47.18)	4:49.96 (2:34.66)	
5:11.70 (21.74)	5:47.18 (57.22)	6:23.93 (1:33.97)	7:01.10 (2:11.14)	
7:29.78 (28.68)	8:02.03 (1:00.93)	8:35.85 (1:34.75)	9:10.34 (2:09.24)	
2 Ohs Lady Bears-MR	A	8:41.80	9:33.19	27
1) Hummel-Church, Hawthorne 10	2) Belz, Sophie 11	3) Otto, Margaret 9	4) Hauschka, Helen 11	
32.88	1:08.45 (1:08.45)	1:44.67 (1:44.67)	2:19.64 (2:19.64)	
2:54.21 (34.57)	3:32.49 (1:12.85)	4:11.83 (1:52.19)	4:49.09 (2:29.45)	
5:21.49 (32.40)	5:57.94 (1:08.85)	6:33.96 (1:44.87)	7:08.64 (2:19.55)	
7:40.30 (31.66)	8:16.06 (1:07.42)	8:55.13 (1:46.49)	9:33.19 (2:24.55)	
3 Steilacoom Sentinels	A	10:27.99	10:11.55	24
1) Lingenfelter, Elizabeth FR	2) Lovell, Amelia JR	3) Huffman, Sage SO	4) Leckrone, Addison JR	
30.62	1:05.48 (1:05.48)	1:41.36 (1:41.36)	2:15.26 (2:15.26)	
2:50.68 (35.42)	3:33.01 (1:17.75)	4:17.33 (2:02.07)	4:59.23 (2:43.97)	
5:36.09 (36.86)	6:19.26 (1:20.03)	7:03.86 (2:04.63)		
7:51.17 ()	8:19.76 ()	8:56.32 ()	10:11.55 ()	
4 Rogers Rams-PN	A	9:56.27	10:22.77	22
1) Hoffman, Millie JR	2) Christie, Kaly SR	3) Thompson, Olivia JR	4) Smathers, Madeleine FR	
33.58	1:12.26 (1:12.26)	1:51.32 (1:51.32)	2:28.95 (2:28.95)	
3:02.86 (33.91)	3:42.83 (1:13.88)	4:26.12 (1:57.17)	5:10.27 (2:41.32)	
5:46.24 (35.97)	6:27.83 (1:17.56)	7:10.34 (2:00.07)	7:51.06 (2:40.79)	
8:25.55 (34.49)	9:04.88 (1:13.82)	9:45.40 (1:54.34)	10:22.77 (2:31.71)	
5 Lakes HS	A	10:00.00	10:51.73	21
1) Combs, Miya	2) Nelson, Katie	3) Robb, Gracie	4) Watters, Izzy	
37.55	1:22.22 (1:22.22)	2:07.77 (2:07.77)	2:53.39 (2:53.39)	
3:26.40 (33.01)	4:08.17 (1:14.78)	4:50.58 (1:57.19)	5:31.51 (2:38.12)	
6:03.12 (31.61)	6:40.50 (1:08.99)	7:19.20 (1:47.69)	8:03.93 (2:32.42)	
8:34.51 (30.58)	9:18.02 (1:14.09)	10:04.61 (2:00.68)	10:51.73 (2:47.80)	
6 Emerald Ridge High School-US	A	12:00.00	11:16.25	20
1) Cordes, Liz JR	2) Stuart, Ruth SR	3) Koth, Katherine SR	4) Koth, Elizabeth SR	
37.17	1:18.44 (1:18.44)	2:02.33 (2:02.33)	2:46.56 (2:46.56)	
3:21.55 (34.99)	4:05.06 (1:18.50)	4:52.03 (2:05.47)	5:38.31 (2:51.75)	
6:11.77 (33.46)	6:53.65 (1:15.34)	8:29.77 (2:51.46)		
9:02.46 ()	9:43.60 ()	10:29.07 ()	11:16.25 ()	

2019 Girls South Sound Relays - 9/28/2019

Results - SSR

Event 6 Women 2x100 Yard Butterfly 2x100 Fly Relay

Team	Relay	Seed Time	Finals Time	Points
1 Ohs Lady Bears-MR 1) Wilson, Sara 9 33.32	A 2) Wilson, Lauren 11 2:14.32 (41.81)	2:15.00 2:14.19 (41.68)	2:14.19	31
2 Puyallup High School 1) Park, Jasmine JR 32.90	A 2) Lettiere, Bella SO 1:45.41 (32.06)	2:15.02 2:21.01 (1:07.66)	2:21.01	27
3 Ohs Lady Bears-MR 1) Sochacki, Elle 10 31.82	C 2) Myers, Elisa 11 1:47.49 (33.87)	2:32.00 2:28.82 (1:15.20)	2:28.82	24
4 Emerald Ridge High School-US 1) Hopkins, Abigail JR 37.48	A 2) Edwards, Mariko SR 1:54.41 (30.61)	2:20.00 2:30.68 (1:06.88)	2:30.68	22
5 Ohs Lady Bears-MR 1) Stein, Muriel 11 31.07	B 2) Rosser, Annalise 11 1:46.72 (40.18)	2:25.00 2:34.08 (1:27.54)	2:34.08	21
6 Steilacoom Sentinels 1) Trajico, Clara SR 38.50	A 2) Eastman, Melanie SO 2:01.59 (38.74)	2:44.30 2:44.08 (1:21.23)	2:44.08	20
7 Puyallup High School 1) Kwak, Joy JR 35.55	B 2) Anderson, Lauren JR 1:57.21 (39.69)	2:44.09 2:45.15 (1:27.63)	2:45.15	19
8 Puyallup High School 1) Nelson, Payton SO 41.69	C 2) Highley, Abby SO 2:06.20 (35.44)	3:00.18 2:48.55 (1:17.79)	2:48.55	18
9 Lakes HS 1) O'Connor, Lilly 37.54	A 2) Alves, Mali 2:00.74 (34.53)	2:42.00 2:49.33 (1:23.12)	2:49.33	17
10 Rogers Rams-PN 1) Drasher, Anna SO 38.95	A 2) Malabanan, Emily JR 2:03.32 (37.76)	2:29.53 2:50.33 (1:24.77)	2:50.33	16
11 Steilacoom Sentinels 1) Culp, Elizabeth SO 38.50	B 2) Myers, Hana JR 2:01.26 (36.91)	2:46.33 2:51.76 (1:27.41)	2:51.76	15
12 Rogers Rams-PN 1) Meras, Holly FR 37.96	B 2) Davison, Sydney SO 2:06.89 (44.02)	3:00.00 2:59.86 (1:36.99)	2:59.86	14
13 Emerald Ridge High School-US 1) Curiel, Gabrielle SO 42.74	C 2) Cordes, Liz JR 2:17.69 (43.48)	3:15.00 3:08.99 (1:34.78)	3:08.99	13
14 Steilacoom Sentinels 1) Ludwig, Adalia JR 41.12	C 2) Harris, Isabella JR 2:18.28 (37.13)	2:57.80 3:14.78 (1:33.63)	3:14.78	12
15 Rogers Rams-PN 1) Perez, Gabriella SR 42.68	C 2) Maris, Mia FR 2:20.83 (49.28)	NT 3:15.66 (1:44.11)	3:15.66	10
16 Emerald Ridge High School-US 1) Gilbert, Mikala SR 44.32	B 2) Brown, Morgan SR 2:25.98 (39.02)	2:50.00 3:24.37 (1:37.41)	3:24.37	9
--- Ohs Lady Bears-MR 1) Wang, Sarah 10 37.70	D 2) Hauschka, Helen 11 2:00.50 (35.69)	2:40.00 2:45.38 (1:20.57)	X2:45.38	
--- Ohs Lady Bears-MR 1) Price, Sophia 12 40.74	F 2) Merrigan, Claire 12 2:14.63 (34.46)	3:05.00 3:06.29 (1:26.12)	X3:06.29	

2019 Girls South Sound Relays - 9/28/2019

Results - SSR

(Event 6 Women 2x100 Yard Butterfly 2x100 Fly Relay)

Team	Relay	Seed Time	Finals Time	Points
--- Emerald Ridge High School-US	D	3:40.00	X3:58.29	
1) Cotton, Kaitlyn FR	2) Baccus, Lilly FR			
51.14	1:57.54 (1:57.54)	2:50.43 (52.89)	3:58.29 (2:00.75)	

Event 7 Women 2x100 Yard Freestyle 2x100 Freestyle Relay

Team	Relay	Seed Time	Finals Time	Points
1 Ohs Lady Bears-MR	A	1:56.00	1:58.99	31
1) Moore, Emerson 11	2) Jang, Jenny 11			
27.28	57.85 (57.85)	1:26.61 (28.76)	1:58.99 (1:01.14)	
2 Ohs Lady Bears-MR	B	2:07.00	1:59.58	27
1) Skiles, Lucy 10	2) Stein, Muriel 11			
28.73	1:00.27 (1:00.27)	1:28.77 (28.50)	1:59.58 (59.31)	
3 Steilacoom Sentinels	A	2:01.88	2:00.59	24
1) Ruppe, Alejandra SO	2) Lingenfelter, Elizabeth FR			
27.64	1:27.36 (1:27.36)	2:00.59 (33.23)	2:00.59 (33.23)	
4 Ohs Lady Bears-MR	C	2:09.00	2:09.66	22
1) Hummel-Church, Hawthorne 10	2) Iuliano, Lucia 9			
30.52	1:03.57 (1:03.57)	1:34.23 (30.66)	2:09.66 (1:06.09)	
5 Puyallup High School	A	2:16.43	2:17.41	21
1) Maher, Ciara SR	2) Witham, Naomi JR			
32.23	1:07.51 (1:07.51)	1:41.69 (34.18)	2:17.41 (1:09.90)	
6 Lakes HS	A	2:16.00	2:17.61	20
1) Robb, Gracie	2) Alves, Mali			
32.11	1:07.26 (1:07.26)	1:40.37 (33.11)	2:17.61 (1:10.35)	
7 Rogers Rams-PN	B	2:16.00	2:18.08	19
1) Xing, Linda JR	2) Bessette, Grace JR			
33.21	1:11.11 (1:11.11)	1:43.48 (32.37)	2:18.08 (1:06.97)	
8 Rogers Rams-PN	A	2:12.00	2:18.14	18
1) Smathers, Madeleine FR	2) Warmoth, Chloe FR			
33.53	1:08.85 (1:08.85)	1:43.07 (34.22)	2:18.14 (1:09.29)	
9 Rogers Rams-PN	C	2:20.00	2:22.11	17
1) Thompson, Olivia JR	2) Hoffman, Millie JR			
34.60	1:11.64 (1:11.64)	1:45.50 (33.86)	2:22.11 (1:10.47)	
10 Steilacoom Sentinels	C	2:26.39	2:23.42	16
1) Huffman, Sage SO	2) Pope, Olivia SO			
36.28	1:15.26 (1:15.26)	1:47.95 (32.69)	2:23.42 (1:08.16)	
11 Steilacoom Sentinels	B	2:19.91	2:23.92	15
1) Villanueva, Isabelle SO	2) Kamke, Elizabeth SO			
34.25	1:13.91 (1:13.91)	1:46.78 (32.87)	2:23.92 (1:10.01)	
12 Puyallup High School	B	2:23.49	2:25.23	14
1) Richards, Julia SR	2) Dunigan, Hannah SO			
33.57	1:11.43 (1:11.43)	1:46.89 (35.46)	2:25.23 (1:13.80)	
13 Lakes HS	B	2:30.00	2:27.34	13
1) Nelson, Katie	2) Combs, Miya			
36.05	1:13.59 (1:13.59)	1:48.59 (35.00)	2:27.34 (1:13.75)	
14 Emerald Ridge High School-US	A	2:45.00	2:31.89	12
1) Stuart, Ruth SR	2) Curiel, Gabrielle SO			
35.36	1:17.26 (1:17.26)	1:52.57 (35.31)	2:31.89 (1:14.63)	
15 Puyallup High School	C	2:24.43	2:32.37	10
1) Canion, Alyssa FR	2) Wood, Audrey JR			
36.59	1:18.64 (1:18.64)	1:53.68 (35.04)	2:32.37 (1:13.73)	
16 Lakes HS	C	2:40.00	2:37.47	9
1) Watters, Izzy	2) Pogoncheff, Kialie			
37.86	1:19.95 (1:19.95)	1:55.50 (35.55)	2:37.47 (1:17.52)	

2019 Girls South Sound Relays - 9/28/2019

Results - SSR

(Event 7 Women 2x100 Yard Freestyle 2x100 Freestyle Relay)

Team	Relay	Seed Time	Finals Time	Points
17 Emerald Ridge High School-US	B	3:15.00	2:52.08	8
1) Loughner, Lexanna SO	2) Cruz, Lila SR			
41.51	1:28.47 (1:28.47)	2:07.84 (39.37)	2:52.08 (1:23.61)	
--- Ohs Lady Bears-MR	D	2:14.00	X2:14.06	
1) Belz, Sophie 11	2) Otto, Margaret 9			
32.44	1:08.00 (1:08.00)	1:39.33 (31.33)	2:14.06 (1:06.06)	
--- Ohs Lady Bears-MR	F	2:25.00	X2:18.40	
1) Wang, Sarah 10	2) Rosser, Annalise 11			
32.41	1:07.52 (1:07.52)	1:41.52 (34.00)	2:18.40 (1:10.88)	
--- Steilacoom Sentinels	E	2:33.04	X2:22.81	
1) Macias Marin, Analucia SO	2) Leckrone, Addison JR			
36.35	1:15.70 (1:15.70)	1:47.41 (31.71)	2:22.81 (1:07.11)	
--- Steilacoom Sentinels	D	2:30.24	X2:24.43	
1) Lovell, Amelia JR	2) Carletti, Gaia SR			
34.54	1:14.08 (1:14.08)	1:47.19 (33.11)	2:24.43 (1:10.35)	
--- Ohs Lady Bears-MR	E	2:20.00	X2:24.69	
1) Zhang, Jasmine 10	2) Nelson, Laura 11			
32.28	1:09.05 (1:09.05)	1:44.21 (35.16)	2:24.69 (1:15.64)	
--- Ohs Lady Bears-MR	L	2:53.00	X2:26.14	
1) Skiles, Francis 9	2) Merrigan, Claire 12			
34.63	1:11.01 (1:11.01)	2:26.18 (1:15.17)	2:26.14 (1:15.13)	
--- Ohs Lady Bears-MR	J	2:43.00	X2:36.56	
1) Price, Sophia 12	2) Purtteman, Adhara 11			
	1:15.73 (1:15.73)	1:53.85 (38.12)	2:36.56 (1:20.83)	
--- Ohs Lady Bears-MR	H	2:40.00	X2:38.82	
1) Matheson, Celee 12	2) Brilliant, Savannah 11			
39.11	1:23.02 (1:23.02)	1:59.89 (36.87)	2:38.82 (1:15.80)	
--- Steilacoom Sentinels	G	2:45.51	X2:40.75	
1) Cushman, Isabelle SR	2) Mendoza, Tiffany SR			
34.65	1:13.15 (1:13.15)	1:56.98 (43.83)	2:40.75 (1:27.60)	
--- Ohs Lady Bears-MR	I	3:00.00	X2:42.86	
1) Forespring, Ayasha 9	2) Liao, April 11			
	1:16.44 (1:16.44)	1:57.50 (41.06)	2:42.86 (1:26.42)	
--- Steilacoom Sentinels	H	3:02.12	X2:52.57	
1) Rabacchi, Victoria SO	2) Row, Hope SR			
37.89	1:23.85 (1:23.85)	2:05.74 (41.89)	2:52.57 (1:28.72)	
--- Steilacoom Sentinels	J	3:41.11	X3:13.44	
1) Ransfer, Mia JR	2) Ikemeier, Sadie SO			
50.59	1:41.10 (1:41.10)	2:26.33 (45.23)	3:13.44 (1:32.34)	
--- Lakes HS	F	3:14.00	X3:13.53	
1) Burlingame, Madeline	2) Kelcey, Emily			
43.80	1:37.02 (1:37.02)	2:22.24 (45.22)	3:13.53 (1:36.51)	
--- Steilacoom Sentinels	L	3:55.60	X3:16.82	
1) Peck, Emmie FR	2) Tarter, Ashlynn SO			
51.36	1:51.62 (1:51.62)	3:23.99 (1:32.37)	3:16.82 (1:25.20)	
--- Steilacoom Sentinels	F	2:45.00	X3:17.17	
1) Ray, Lauren SO	2) Hampton, Leilani JR			
48.08	1:47.62 (1:47.62)	2:28.72 (41.10)	3:17.17 (1:29.55)	
--- Steilacoom Sentinels	K	3:51.12	X3:20.08	
1) Rodger, Grace FR	2) Hoang, Stephanie FR			
47.34	1:49.34 (1:49.34)	2:32.14 (42.80)	3:20.08 (1:30.74)	
--- Lakes HS	G	3:21.00	X3:22.17	
1) Kennington, Beth	2) McKinney, Jade			
1:40.17		2:26.74 ()	3:22.17 ()	

2019 Girls South Sound Relays - 9/28/2019

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(Event 7 Women 2x100 Yard Freestyle 2x100 Freestyle Relay)

Team	Relay	Seed Time	Finals Time	Points
--- Ohs Lady Bears-MR 1) Castillo, Isis 9	G 2) Warjone, Samantha 9	4:30.00	X3:22.18	
43.69	1:54.98 (1:54.98) 2:27.48 (32.50)	3:22.18 (1:27.20)		
--- Lakes HS 1) Hills, Julianna	H 2) Fort, Joan	3:35.00	X3:27.15	
44.40	1:47.09 (1:47.09) 2:29.30 (42.21)	3:27.15 (1:40.06)		
--- Lakes HS 1) Abramowski, Alexys	I 2) Meas, Gabbee	4:00.00	X3:34.35	
44.54	1:37.52 (1:37.52) 2:29.63 (52.11)	3:34.35 (1:56.83)		
--- Emerald Ridge High School-US 1) Kee, Yeena SR	D 2) Kuc, Cindey JR	5:15.00	XDQ	
	1:42.05 (1:42.05) 2:36.59 (54.54)	DQ (1:55.88)		
--- Lakes HS 1) Hopkins, Madison	D 2) Allen, Caprice	2:46.00	XDQ	
39.51	1:23.94 (1:23.94) 2:51.63 (1:27.69)	DQ (1:27.69)		

Event 8 Women 200 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time	Points
1 Puyallup High School 1) Liu, Kaitlyn SR	A 2) Childres, Carli SO	1:46.12	1:52.33	31
27.15	55.77 (28.62) 1:24.54 (28.77)	3) Yilmaz, Sofia FR 1:52.33 (27.79)	4) Sellman, Abby FR	
2 Emerald Ridge High School-US 1) Koth, Elizabeth SR	A 2) Sikora, Willow SO	2:00.42	1:59.69	27
30.72	1:02.75 (32.03) 1:33.50 (30.75)	3) Koth, Katherine SR 1:59.69 (26.19)	4) DiMascolo, Lada JR	
3 Ohs Lady Bears-MR 1) Belz, Sophie 11	A 2) Sochacki, Elle 10	1:53.00	1:59.76	24
31.95	59.89 (27.94) 1:32.27 (32.38)	3) Wilson, Sara 9 1:59.76 (27.49)	4) Zhang, Jasmine 10	
4 Lakes HS 1) Felizardo, Bella	A 2) Oroho, Sara	1:54.52	2:01.68	22
30.18	59.81 (29.63) 1:31.45 (31.64)	3) Alves, Mali 2:01.68 (30.23)	4) O'Connor, Lilly	
5 Steilacoom Sentinels 1) Eastman, Melanie SO	A 2) Macias Marin, Liliana SR	2:00.71	2:06.03	21
31.95	1:06.46 (34.51) 1:36.32 (29.86)	3) Trajico, Clara SR 2:06.03 (29.71)	4) Ludwig, Adalia JR	
6 Rogers Rams-PN 1) Xing, Linda JR	A 2) Peter, Cassidy JR	1:59.00	2:06.10	20
32.42	1:06.41 (33.99) 1:36.75 (30.34)	3) Christie, Kaly SR 2:06.10 (29.35)	4) Shoup, Keani SR	

Event 9 Women 2x100 Yard Backstroke 2x100 Backstroke Relay

Team	Relay	Seed Time	Finals Time	Points
1 Ohs Lady Bears-MR 1) Jang, Jenny 11	A 2) Skiles, Lucy 10	2:12.00	2:15.05	31
32.52	1:08.83 (1:08.83) 1:38.77 (29.94)	2:15.05 (1:06.22)		
2 Steilacoom Sentinels 1) Murphy, Megan SR	A 2) Forbes, Emily SR	2:22.52	2:19.47	27
32.80	1:08.50 (1:08.50) 1:40.88 (32.38)	2:19.47 (1:10.97)		
3 Rogers Rams-PN 1) Triebold, Anika JR	A 2) Smathers, Madeleine FR	2:29.00	2:23.72	24
32.87	1:09.17 (1:09.17) 1:46.03 (36.86)	2:23.72 (1:14.55)		
4 Puyallup High School 1) Maher, Ciara SR	A 2) Park, Jasmine JR	2:25.72	2:25.40	22
36.57	1:16.37 (1:16.37) 1:47.75 (31.38)	2:25.40 (1:09.03)		
5 Ohs Lady Bears-MR 1) Stein, Muriel 11	B 2) Iuliano, Lucia 9	2:25.00	2:27.16	21
34.48	1:11.98 (1:11.98) 1:47.04 (35.06)	2:27.16 (1:15.18)		

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(Event 9 Women 2x100 Yard Backstroke 2x100 Backstroke Relay)

Team	Relay	Seed Time	Finals Time	Points
6 Emerald Ridge High School-US	A	2:40.00	2:37.59	20
1) Heath, Savanna SO	2) Koth, Katherine SR	34.47 1:11.85 (1:11.85)	1:46.22 (34.37)	2:37.59 (1:25.74)
7 Rogers Rams-PN	B	2:33.00	2:37.97	19
1) Peter, Cassidy JR	2) Bessette, Grace JR	39.21 1:21.05 (1:21.05)	1:56.30 (35.25)	2:37.97 (1:16.92)
8 Puyallup High School	B	2:38.13	2:38.77	18
1) Anderson, Lauren JR	2) Witham, Naomi JR	39.11 1:21.97 (1:21.97)	1:58.63 (36.66)	2:38.77 (1:16.80)
9 Steilacoom Sentinels	B	2:45.14	2:39.09	17
1) Pope, Olivia SO	2) Cushman, Isabelle SR	1:16.47 1:55.52 (1:55.52)	2:39.09 (43.57)	
10 Lakes HS	A	2:38.00	2:39.80	16
1) Rymer, Alyssa	2) Alves, Mali	1:12.48 1:54.03 (1:54.03)	2:39.80 (45.77)	2:39.80 (45.77)
11 Rogers Rams-PN	C	2:41.00	2:42.91	15
1) Burrow, Olivia SO	2) Poyfair, Olivia SO	39.65 1:20.73 (1:20.73)	1:59.17 (38.44)	2:42.91 (1:22.18)
12 Ohs Lady Bears-MR	C	2:35.00	2:46.04	14
1) Merrigan, Claire 12	2) Nelson, Laura 11	39.48 1:19.80 (1:19.80)	1:58.78 (38.98)	2:46.04 (1:26.24)
13 Steilacoom Sentinels	C	3:01.51	2:56.49	13
1) Harris, Isabella JR	2) Lovell, Amelia JR	41.88 1:28.76 (1:28.76)	2:11.24 (42.48)	2:56.49 (1:27.73)
14 Puyallup High School	C	3:03.84	3:00.89	12
1) Munson, Kelli FR	2) Nelson, Payton SO	43.51 1:31.31 (1:31.31)	3:00.89 (1:29.58)	
15 Emerald Ridge High School-US	B	3:00.00	3:01.74	10
1) Brown, Morgan SR	2) Gilbert, Mikala SR	43.08 1:31.49 (1:31.49)	3:01.74 (1:30.25)	
16 Lakes HS	B	3:05.00	3:03.23	9
1) Swortz, Reagan	2) Allen, Caprice	42.70 1:27.20 (1:27.20)	2:10.32 (43.12)	3:03.23 (1:36.03)
17 Emerald Ridge High School-US	C	3:30.00	3:17.42	8
1) Loughner, Lexanna SO	2) Cruz, Lila SR	48.20 1:41.67 (1:41.67)	2:28.42 (46.75)	3:17.42 (1:35.75)
18 Lakes HS	C	3:30.00	3:48.07	7
1) Watters, Izzy	2) Kennington, Beth	1:51.75 (1:51.75)	3:48.08 (1:56.33)	3:48.07 (1:56.32)
--- Ohs Lady Bears-MR	F	3:20.00	X3:16.88	
1) Forespring, Ayasha 9	2) Matheson, Celee 12	46.36 1:35.34 (1:35.34)	2:24.23 (48.89)	3:16.88 (1:41.54)
--- Steilacoom Sentinels	D	3:52.64	X3:54.30	
1) Row, Hope SR	2) Phipps, Cheyenne SR	48.20 1:38.52 (1:38.52)	3:58.16 (2:19.64)	3:54.30 (2:15.78)
--- Lakes HS	G	4:10.00	X3:55.08	
1) Stott, Kyndyl	2) Abramoski, Alexys	57.17 2:27.43 (2:27.43)	2:56.91 (29.48)	3:55.08 (1:27.65)
--- Lakes HS	D	3:57.00	X3:58.45	
1) Burlingame, Madeline	2) Kellcy, Emily	2:11.57 (2:11.57)	3:02.45 (50.88)	3:58.45 (1:46.88)
--- Emerald Ridge High School-US	D	4:00.00	X4:01.14	
1) Kuc, Cindey JR	2) Houser-May, Cameron JR	56.53 2:03.78 (2:03.78)	2:27.88 (24.10)	4:01.14 (1:57.36)

2019 Girls South Sound Relays - 9/28/2019

Results - SSR

(Event 9 Women 2x100 Yard Backstroke 2x100 Backstroke Relay)

Team	Relay	Seed Time	Finals Time	Points
--- Ohs Lady Bears-MR	D	2:45.00	XDQ	
1) Rosser, Annalise 11	2) Brilliant, Savannah 11			
39.52	1:22.45 (1:22.45)	2:05.34 (42.89)	DQ (1:33.38)	
--- Ohs Lady Bears-MR	E	3:05.00	XDQ	
1) Price, Sophia 12	2) O'Donnell, Ruby 9			
	1:29.97 (1:29.97)	DQ (1:30.71)		

Event 10 Women 2x100 Yard Breaststroke 2x100 Breaststroke Relay

Team	Relay	Seed Time	Finals Time	Points
1 Emerald Ridge High School-US	A	2:30.00	2:30.17	31
1) DiMascolo, Lada JR	2) Heath, Savanna SO			
34.41	1:11.89 (1:11.89)	1:48.29 (36.40)	2:30.17 (1:18.28)	
2 Steilacoom Sentinels	A	2:35.32	2:44.33	27
1) Ruppe, Alejandra SO	2) Lingenfelter, Elizabeth FR			
35.71	1:13.71 (1:13.71)	1:55.28 (41.57)	2:44.33 (1:30.62)	
3 Ohs Lady Bears-MR	B	2:47.00	2:45.18	24
1) Hauschka, Helen 11	2) Stein, Muriel 11			
38.69	1:22.72 (1:22.72)	2:01.27 (38.55)	2:45.18 (1:22.46)	
4 Ohs Lady Bears-MR	A	2:35.00	2:45.51	22
1) Zhang, Jasmine 10	2) Myers, Elisa 11			
42.05	1:29.56 (1:29.56)	2:06.03 (36.47)	2:45.51 (1:15.95)	
5 Lakes HS	A	2:46.00	2:45.80	21
1) Rymer, Alyssa	2) Oroho, Sara			
40.36	1:25.09 (1:25.09)	2:02.77 (37.68)	2:45.80 (1:20.71)	
6 Ohs Lady Bears-MR	C	2:53.00	2:47.34	20
1) Wang, Sarah 10	2) Hummel-Church, Hawthorne 10			
39.40	1:23.81 (1:23.81)	1:47.63 (23.82)	2:47.34 (1:23.53)	
7 Emerald Ridge High School-US	B	2:40.00	2:49.59	19
1) Stuart, Ruth SR	2) Edwards, Mariko SR			
41.89	1:33.04 (1:33.04)	2:08.43 (35.39)	2:49.59 (1:16.55)	
8 Puyallup High School	A	2:50.28	2:50.49	18
1) Kwak, Joy JR	2) Lettiere, Bella SO			
40.37	1:27.41 (1:27.41)	2:06.05 (38.64)	2:50.49 (1:23.08)	
9 Rogers Rams-PN	A	2:51.29	2:51.63	17
1) Drasher, Anna SO	2) Warmoth, Chloe FR			
40.58	1:24.26 (1:24.26)	2:05.79 (41.53)	2:51.63 (1:27.37)	
10 Steilacoom Sentinels	B	2:54.58	2:52.47	16
1) Trajico, Clara SR	2) Hampton, Leilani JR			
40.18	1:24.09 (1:24.09)	2:05.14 (41.05)	2:52.47 (1:28.38)	
11 Rogers Rams-PN	B	2:56.00	2:56.53	15
1) Shoup, Keani SR	2) Xing, Linda JR			
40.88	1:28.29 (1:28.29)	2:09.13 (40.84)	2:56.53 (1:28.24)	
12 Rogers Rams-PN	C	3:05.00	3:06.28	14
1) Howard, Mayme SR	2) Ruminski, Mia SO			
42.80	1:31.82 (1:31.82)	2:16.63 (44.81)	3:06.28 (1:34.46)	
13 Steilacoom Sentinels	C	3:16.46	3:12.81	13
1) Villanueva, Isabelle SO	2) Ikemeier, Sadie SO			
42.37	1:27.69 (1:27.69)	2:19.96 (52.27)	3:12.81 (1:45.12)	
14 Puyallup High School	B	3:10.71	3:15.02	12
1) Richards, Julia SR	2) Cohen, Caylee JR			
44.32	1:35.82 (1:35.82)	2:22.12 (46.30)	3:15.02 (1:39.20)	
15 Puyallup High School	C	3:19.88	3:21.55	10
1) Canion, Alyssa FR	2) Dunigan, Hannah SO			
47.17	1:39.61 (1:39.61)	2:27.84 (48.23)	3:21.55 (1:41.94)	

2019 Girls South Sound Relays - 9/28/2019

Results - SSR

(Event 10 Women 2x100 Yard Breaststroke 2x100 Breaststroke Relay)

Team	Relay	Seed Time	Finals Time	Points
16 Lakes HS	B	3:36.00	3:30.44	9
1) Combs, Miya	2) Watters, Izzy			
44.92	2:27.51 (2:27.51)	3:30.44 (1:02.93)		
17 Emerald Ridge High School-US	C	3:15.00	3:30.81	8
1) Ikeda, Chinatsu SO	2) Cotton, Kaitlyn FR			
50.85	1:48.52 (1:48.52)	2:37.23 (48.71)	3:30.81 (1:42.29)	
18 Lakes HS	C	4:14.00	4:10.55	7
1) Meas, Gabbee	2) Burlingame, Madeline			
59.80	3:04.08 (3:04.08)	4:10.50 (1:06.42)	4:10.55 (1:06.47)	
--- Ohs Lady Bears-MR	D	2:55.00	X3:42.16	
1) O'Donnell, Ruby 9	2) Warjone, Samantha 9			
45.55	1:43.72 (1:43.72)	2:35.86 (52.14)	3:42.16 (1:58.44)	
--- Emerald Ridge High School-US	D	3:50.00	X4:01.89	
1) Moon, Madison SR	2) Kee, Yeena SR			
47.82	1:43.89 (1:43.89)	2:49.11 (1:05.22)	4:01.89 (2:18.00)	
--- Lakes HS	D	NT	XDQ	
1) Stott, Kyndyl	2) Hills, Julianna			
3:36.48	DQ (4:55.91)			

Event 11 Women 400 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time	Points
1 Ohs Lady Bears-MR	A	3:52.72	3:56.82	31
1) Wilson, Lauren 11	2) Jang, Jenny 11	3) Skiles, Lucy 10	4) Moore, Emerson 11	
27.51	57.04 (57.04)	1:26.56 (29.52)	1:58.71 (1:01.67)	
2:26.69 (27.98)	2:58.15 (59.44)	3:25.63 (27.48)	3:56.82 (58.67)	
2 Puyallup High School	A	4:39.79	4:06.09	27
1) Liu, Kaitlyn SR	2) Childres, Carli SO	3) Yilmaz, Sofia FR	4) Sellman, Abby FR	
28.57	1:00.25 (1:00.25)	1:29.55 (29.30)	2:02.64 (1:02.39)	
2:33.02 (30.38)	3:06.19 (1:03.55)	3:34.54 (28.35)	4:06.09 (59.90)	
3 Emerald Ridge High School-US	A	4:09.64	4:08.73	24
1) Edwards, Mariko SR	2) Koth, Elizabeth SR	3) Heath, Savanna SO	4) DiMascolo, Lada JR	
28.82	1:00.42 (1:00.42)	1:31.70 (31.28)	2:09.36 (1:08.94)	
2:39.26 (29.90)	3:12.78 (1:03.42)	3:39.74 (26.96)	4:08.73 (55.95)	
4 Steilacoom Sentinels	A	4:24.03	4:18.03	22
1) Forbes, Emily SR	2) Pope, Olivia SO	3) Eastman, Melanie SO	4) Ruppe, Alejandra SO	
29.83	1:03.76 (1:03.76)	1:36.96 (33.20)	2:45.78 (1:42.02)	
3:21.10 (35.32)	3:48.60 (1:02.82)	4:18.03 (29.43)	4:18.03 (29.43)	
5 Rogers Rams-PN	A	4:20.00	4:24.58	21
1) Triebold, Anika JR	2) Hoffman, Millie JR	3) Warmoth, Chloe FR	4) Malabanan, Emily JR	
29.72	1:02.77 (1:02.77)	1:34.62 (31.85)	2:09.23 (1:06.46)	
2:44.60 (35.37)	3:20.14 (1:10.91)	3:50.71 (30.57)	4:24.58 (1:04.44)	
6 Lakes HS	A	4:28.90	4:30.13	20
1) Oroho, Sara	2) Robb, Gracie	3) Rymer, Alyssa	4) Felizardo, Bella	
32.26	1:06.27 (1:06.27)	1:37.08 (30.81)	2:11.19 (1:04.92)	
2:46.99 (35.80)	3:24.96 (1:13.77)	3:55.25 (30.29)	4:30.13 (1:05.17)	

Scores - Women

Women - Team Rankings - Through Event 11

1. Ohs Lady Bears	615	2. Puyallup High School	479
3. Steilacoom Sentinels	470	4. Rogers Rams	438
5. Emerald Ridge High School	350	6. Lakes HS	296